

THOMAS PRATTKI CENTRE IN INDIA



THE NEUTRAL MASK

A Mythopoetic Approach to Self:
Introductory Workshop

Inviting all practitioners and
non-practitioners to come discover
and explore elements of oneself
through theatre

Thomas Prattki Centre
for Integral Movement and Performance Studies

arthaus.berlin

International Training and Research Centre for
Devised Theatre and Performance

*LISPA (London
International School of
Performing Arts) formerly

J^s
academy
THEATRE EDUCATION

Bangalore

WORKSHOP #1

DATES: 5 - 9 August 2024
TIMING: Monday - Friday • 10am to 3pm
LOCATION: J's Academy of Speech & Drama,
Koramangala Centre

INR 40,000
Course fee

Mumbai

WORKSHOP #2

DATES: 12 - 16 August 2024
TIMING: Monday - Friday • 10am to 3pm
LOCATION: J's Academy of Speech & Drama,
Lower Parel Centre

INR 40,000
Course fee

- Early Bird Course Fee INR 30,000 (register before 10 July)
- Participants will receive a certificate from **Thomas Prattki Centre, Berlin**, on successful completion of the programme.

J's academy | Thomas Prattki Centre
for Integral Movement and Performance Studies

In collaboration with **J's Academy of Speech & Drama, Thomas Prattki**, the founder and director of arthaus.berlin, the Thomas Prattki Centre for Integral Movement and Performance Studies (at arthaus.berlin) and former pedagogical director of the International School of Theatre Jacques Lecoq in Paris, is conducting workshops and courses in **Mumbai and Bangalore in 2024/25**.

Contact for Mumbai & Bangalore:

tpcindia@jproductions.in • +91 74000 57148
thomasprattkicentre.com • jsacademy.net



Programme overview

Monday-Friday: 10:00am-12:15pm, 1:15-3:30pm

ABOUT THE COURSE

The summer program offers an integral approach to the pedagogy of the late French theatre pedagogue Jacques Lecoq, one of the most influential European theatre reformers of the 20th century. His visions of the relationship between art and life, creativity, and autonomy have impacted generations of theatre makers worldwide. They continue to influence contemporary theatre and performance training, and practitioners from all walks of life interested in connecting with their deeper callings as artists and human beings.

The future is fluid.

This week will offer a poetic, playful, and movement-based journey through the vast, wild and mysterious landscapes of what ancient philosophical texts such as the Upanishads, Jungian psychology, and integral theory refer to as the Self - a never-ending process of coming into Being, a state of liminality, constant transformation. *“Those who can see all creatures in themselves and themselves in all creatures know no grief.”* (from the Isha Upanishad)

During these five days, we will work with the *Neutral Mask*, a cornerstone in Jacques Lecoq’s pedagogy, and follow the mask into the more liminal zones of our consciousness, into the worlds of ancient myths and tales, of dreams and intuitions that tell us about the profound reciprocity and interconnectedness of life. By doing so, we might be able to look from a different perspective at what we consider our place in this world and the purpose of our life as artists and human beings.

Unravel the connection between the Neutral Mask and the Red Nose. These two integral elements are introduced in tandem in this summer workshop series. While exploring the Neutral Mask first is recommended for a comprehensive understanding, it's also possible to participate in either workshop separately.

This programme is also a good introduction to and preparation for the longer and more intense Foundation and Diploma Courses which will run from November 2024 to January 2025.

LEARNING OBJECTIVES

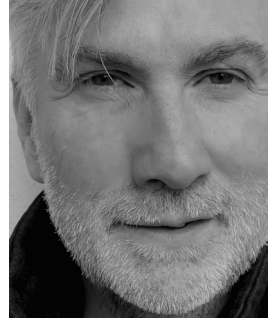
What will you learn?

To connect through movement with life as it is, as it has been and as you imagine it to be, whether you wish to create new worlds, learn from the past or live fully in the Now, whether you are, or aim to be, an artist, a fully alive human being, or aspire to find a deeper connection and creative dialogue between both of them in your life.

To develop a deeper understanding of *Embodiment* as an integral practice that seeks to connect you with your imagination, intuition and playfulness through movement in all its different expressions and forms. We consider these qualities as essential for any creative process, in art and life, but for everybody interested in exploring or oscillating playfully between autonomy and interconnectedness.

Thomas Prattki

Thomas is the founder and director of arthaus.berlin and the **Thomas Prattki Centre for Integral Movement and Performance Studies**. He has been the pedagogical director of the **Jacques Lecoq International School of Theatre in Paris** and the **London International School of Performing Arts / LISPA**. He has worked as a performer, director and teacher in over 40 countries.



In his over 30 years of teaching, he has been working with practitioners in the performing, healing, and educational arts from more than 60 countries. His main interest continues to be the further development of an integral approach to one's deeper sense of Self and personal purpose through performance-making. His research and teaching is rooted in the pedagogy of Jacques Lecoq, one of the most influential European theatre reformers of the 20th century, and in the mythopoetic imagination of humanity through the ages.

To register

Email us on tpcindia@jproductions.in with your name, contact number, and the course you are interested in. Our team will send you a registration form along with the payment link.

To know more

Email us on tpcindia@jproductions.in with your query; or call us on +91 74000 57148.



Want to know more about our programme?

1. What prior experience do I need to join the course?

This course is open to beginners (individuals with no theatre experience but willingness to learn) as well as to experienced individuals who would want to further hone their skills and or learn more. This is also an introductory module to the longer 12-week diploma programme.

At the time of registration, we will require you to send your resume to understand your familiarity with the subject, and help the facilitator to plan your programme.

2. Do I need to attend all the days of the course?

Yes, only register if you are able to commit to all the days and hours of the programme.

3. Do you have other courses by Thomas Prattki Centre in India?

Yes, please email us to know more. More programmes are scheduled to be held in Mumbai and Bangalore.

J's Academy of Speech & Drama, India

J's Academy, founded by Jhelum Gosalia, is a leading **theatre education** institute for children and adults, with centres across **Mumbai and Bangalore**. They have trained students in speech, drama and communication for over 10 years with strong affiliations with Trinity College London, and London Academy of Music and Dramatic Art to offer certifications to their learners.

Having worked with notable schools across India they have developed a strong practice in Theatre in Education and Teacher Trainings.

To register or know more:



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Mumbai & Bangalore



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